

TARGET NURSES ACADEMY

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Important Questions for SAUDI

1. After subtotal thyroidectomy for patient. He complains restlessness the nurse is assessing his vital signs. BP is 150/100 Heart rate is 120. Temperature 40 The nurse should expect that the cause for his condition is:

- A. Hyper-metabolism due to increase in T3&T4**
- B. Hypo metabolism due to decrease T3&T4
- C. Hypo metabolism due to increase in T3&T4
- D. Hyper metabolism due to decrease in T3&T

2. Calculate Total intake and output Patient in OR

1500ml Ringer, 05 ml antibiotic, Nasogastric tube feeding 50ml, Blood loss 500ml, Urine out 120

Answer: **Total Intake = 1600 / Total Output = 620**

3. Mother with hypothyroidism high risk for?

- A. Preterm labor**
- B. Hemorrhage
- C. Congenital anomalies
- D. Eclampsia

4. Mother with hyperthyroidism high risk for?

- A. Preterm labor
- B. Pre-eclampsia**
- C. Hemorrhage
- D. Congenital anomalies

5. Post right-side mastectomy where to take blood pressure?

- A. Right brachial
- B. Left brachial.**
- C. Right radial
- D. Left radial.

6. one-week short-term goal for a total hip replacement patient

- A sits up by himself three times a day
- B. state pain control**

7. Broken infusion machine - what to do

- A. Put a sticker and report**
- B. Put in the broken machines area

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8. ABG results - for an underweight girl 2 times?
A. one is ABG disorder - Metabolic Alkalosis
B. uncompensated metabolic alkalosis
C. Compensated metabolic acidosis.
9. How to know if the left shoulder is dislocated?
A. left arm longer than right arm
B. patient cannot move the left shoulder.
C. swelling in the left shoulder
10. A patient is admitted to the ER after sustaining abdominal injuries and a broken femur from a motor vehicle accident. He is pale, diaphoretic, and is not talking coherently. Vital signs upon admission are temperature 98.0 F (36.3 C), Pulse: 130 beats/minute, RR: 34 B/min, Bl. pressure 50/40mmHg. The healthcare provider suspects which type of shock?
A. Distributive
B. Neurogenic
C. Cardiogenic
D. Hypovolemic
11. Which of the following is the arranged assessment for postoperative patient?
A. Cardiovascular, Respiration, Surgery site, Neurological signs.
B. Respiration, Cardiovascular, Neurological signs, Surgery site.
C. Neurological signs, Cardiovascular, Respiration, Surgery site.
D. Surgery site, Respiration, Cardiovascular, Neurological signs.
12. A woman at 24 weeks' gestational age has fever, body ache, and has coughing last 5 days. She is sent to hospital with admission prescriptions for H1N1 influenza. Which prescription has the highest priority?
A. Assign private room
B. Vital signs every 4 hours
C. Obtain specimens for culture
D. Ringer lactate IV
13. What is the most appropriate blood test for a patient who is going to surgery?
A. WBC
B. Albumin
C. Prothrombin time
D. Hemoglobin

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14. Physician order three times the normal dose - when the nurse calls him, he insists on giving the ordered medication - what does the nurse do?
- A. Call pharmacy
 - B. Call another doctor
 - C. Call nurse supervisor**
15. Doctor's order exceeded the recommended dose what to do?
- A. Call the doctor to clarify.**
 - B. Administer the dose.
 - C. Hold the dose.
 - D. Talk with supervisor.
16. Major depression activities
- A. Watch a movie with other patients.
 - B. Plan today's activities with the patient**
17. Gum and tooth pain — what is the cranial nerve?
- A. Third nerve
 - B. Fifth nerve**
 - C. Seventh nerve
 - D. Ninth nerve
18. Patient is 6 cm dilated what stage of labor?
- A. First stage**
 - B. Second stage
 - C. Third stage
 - D. Fourth stage
19. The nurse was caring for patient wound staples after operation. While she was preparing the patient sneezed and one staple fell down the floor. What should the nurse do?
- A. Bring the staple from floor
 - B. Bring it and put back on wound
 - C. Apply dressing to the wound✓**
20. Recurrent urinary tract infection what advice to give?
- A. Drink 2-3 liters of water**
 - B. Wipe from back to front
 - C. Urinate only when you have the urge.

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21. What is the complication that needs observation after the birth of the child for diabetic mother?
- A. Preterm labor
 - B. Term labor
 - C. Macrosomia**
 - D. Hyperglycemia
22. After cardiac catheterization, the nurse should do first ?
- A. Assess blood pressure
 - B. Assess apical pulse /distal site✓**
 - C. Elevated the head of the bed
23. post- operative patient to be discharged and his temperature is 37.6 at 8:00 - everything else is normal what to do?
- A. informs the physician to delay discharge.**
 - B. gives aspirin dose earlier than scheduled.
 - C. temperature is normal because of the time.
 - D. suspected infection
24. Pregnant women Said to nurse I feel I depends on my husband and my family?
- A-self concern**
 - B-ambivalence
 - C-normal
 - D-esteem
25. What is the incidence rate Definition?
- A. All new cases of specific disease during giving time.**
 - B. All old cases of specific disease during giving time.
 - C. All new and old cases of specific disease during giving time.
26. What is the definition of prevalence rate?
- A. All new cases of specific disease during giving time.
 - B. All old cases of specific disease during giving time.
 - C. All new and old cases of specific disease during giving time.**
27. Woman went to gynecological clinic for routine examination then she diagnosed for positive Chlamydia. What is this considered?
- A. Clinical
 - B. Sub clinical**

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- C. Suspect
28. What is New-born examination after delivery?
A. Vital Signs. Inspection. Auscultation. Percussion. Palpation.
B. Inspection. Auscultation. Percussion. Palpation. Vital Signs
C. Palpation Inspection. Auscultation. Percussion. Vital Signs
D. Auscultation. Inspection. Palpation. Percussion. Vital Signs
29. The doctor order 0.2 g, the available 400 mg in quantity 10 ml, how many ml needed??
A- 2.5ml
B- 5ml
C- 2ml
D- 4ml
30. A 28-year man admitted to orthopedic ward complaining of throbbing pain in casted leg. Which of the following nursing intervention should be taken first?
A. Remove the cast
B. Notify a doctor
C. Assess pedal pulse.
D. Administer PRN medication
31. Doctor writes new order restrain (PRN) for Psychiatric patient that he is overly aggressive. Which of the following indicate that the nurse should do??
A. Call doctor while patient aggressive to do that by himself.
B. Apply the order one time only or if needed.
C. Close patient room and do not apply restrain.
D. Express that is not acceptable and complains about your supervisor.
32. The Oral contraceptives increase risk for any cancer for long-term using??
A. Cervical cancer
B. Ovarian cancer
C. Skin cancer
D. Breast cancer
33. Yemeni soldier caught in the war and he got many injuries. The patient anxious and he is speaking about death for the nurse. What is the most appropriate action for the nurse??
A -You say no or yes
B. Why do you say you are dying?
C. Why you say you will die.

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D. Restating for patient wards

34. There is someone his father is dead. Then he turned his sadness and anger by learning martial arts. What is the defense mechanism that he used?

- A. Displacement
- B. Sublimation**
- C. Projection
- D. Denial

35. In teaching a female client who is HIV-positive about pregnancy, the nurse would know more teaching is necessary when the client says:

- A. The baby can get the virus from my placenta.”
- B. “I’m planning on starting on birth control pills.”
- C. “Not everyone who has the virus gives birth to a baby who has the virus.”
- D. “I’ll need to have a C-section if I become pregnant and have a baby.”**

36. The neonate is delivered by cesarean section the baby should be transported to NICU. Which type of baby incubator should be used?

- A - Closed box incubators
- B - Portable incubators**
- C - Double - walled incubators
- D- Servo - control incubators

37. Therapeutic communication is used by the nurse to create a beneficial outcome in the delivery of quality nursing care. Which of the following statement best describe the term “therapeutic communication”?

- A. interactive process of socialization.
- B. Assessment component of nursing process
- C. Communication with patient through words and language
- D. Process to encourage the expression of feelings and needs**

38. Click image to enlarge A 56 - year - old patient presents with psoriasis. Secondary lesions are present on the upper and lower extremities (see image). Which of the following best describes the appearance of psoriasis?

- A. Scales**
- B. Crusts
- C. Scars
- D. Fissures

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39. While taking the history from a new patient, the nurse identified that he had hypomanic episode which was alternating with a major depressive episode for the last two years. What is the most likely diagnosis?

- A. Bipolar I disorder
- B. Bipolar II disorder
- C. Dysthymic disorder
- D. Cyclothymic disorder**

40. Talking with the parents of a child with Down syndrome, which of the following would be the appropriate goal for the care of the child?

- A. Encourage self-care skills in the child.
- B. Teaching the child something new each day
- C. Encourage more lenient behavior limits for the child.
- D. Achieving age-appropriate social skills**

41. A 28-year-old married woman is admitted in the Gynecology Ward for observation after her miscarriage. She has not been able to sustain any pregnancy since she got married for the past three years and she had three miscarriages during this time. What intervention is the most appropriate?

- A. Family history
- B. Past medical history**
- C. Physical examination
- D. Laboratory investigations

42. It is a managerial function that indicates leading the staff in the most effective method.

- A: Planning
- B: Directing**
- C: Organizing
- D: Controlling

43. Which of the following best describes the role of a case manager?

- A. promotes healthy lifestyle.
- B. provides coordination of care to ensure continuity.**
- C. possesses highly skilled communication methods.
- D. promotes the comfort of the patient.

44. A 30-year-old female patient went to the clinic for a consultation after her work due to pain in both legs during prolonged standing and sitting. Doppler ultrasound was done and confirmed the initial diagnosis of varicose veins. The patient asked what is the possible surgical procedure in relation to her case.

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- A. Amputation
B. Sclerotherapy
C. Thermal ablation
D. Ligation and stripping
45. Leaving the tourniquet for a long-time cause?
A- Low blood flow
B- Limb embolism
C- Hemoconcentration
46. Which drug would be used to treat a patient who has increased intracranial pressure (ICP) resulting from head trauma after an accident:
A-Mannitol
B-Atropine sulphate
C- epinephrine hydrochloride
D-Sodium bicarbonate
47. Leaving the tourniquet for a long-time cause:
A. Embolism
B. Low blood flow
C. Ischemia
48. Women come to ER with her husband and the husband demonstrate she not talk or voluntary eat since the son died in accident, what the women need according to Maslow?
A. loving and belonging
B. psychological needs
C. spiritual support
D. family support
49. When the nurse on duty accidentally bumps the bassinet. the neonate throws out its arms. hands opened.and begins to cry. The nurse interprets this reaction as indicative of which of the following reflex reflexes?
A. Startle
B. Babinski reflex
C. Grasping reflex
D. Tonic neck reflex
50. Jizan province is poised to achieve malaria elimination. There is a need to change from a policy of passive case detection to reactively and proactively detecting infectious reservoirs that

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require new approaches to surveillance. For discovering health problems and diseases inside the community. What is the priority of surveillance?

- A. Social surveillance
- B. Financial surveillance and previous health diseases.
- C. Incidence and prevalence of the health diseases**

51. Jizan province is poised to achieve malaria elimination. There is a need to change from a policy of passive case detection to reactively and proactively detecting infectious reservoirs that require new approaches to surveillance. For discovering health problems and diseases inside the community. What is the priority of surveillance?

- A. Social surveillance
- B. Public surveillance and prevent infection.**
- C. Financial surveillance and previous health diseases.

52. Jizan province is poised to achieve malaria elimination. There is a need to change from a policy of passive case detection to reactively and proactively detecting infectious reservoirs that require new approaches to surveillance. For discovering health problems and diseases inside the community. What is the priority of surveillance?

- A. Social surveillance
- B. Surveillance for previous and new health problems**
- C. Financial surveillance and previous health diseases.

53. Why do we use "log rolling" Technique?

- A. Facility good circulation
- B. Avoid movement
- C. To protect the spinal cord from moving**

54. A 38-year-old patient is about to have lumber disk surgery. during preoperative care, the nurse instructs the patient including the family. members how to do "log rolling" to change patient position. One of the family members ask why they must do such action in turning the patient. postoperative. Which of the following is the nurse best response?

- A. Facility good circulation
- B. Avoid movement
- C. Prevent post-operative bed sore.**
- D. Makes changing of patient position easier

55. The nurse is caring for 6 patients. Providing for them all care and activities. What is the type of nurse according to nursing care delivery system?

- A- primary**

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- B- Case management
- C- Functional

56. The patient is receiving hemodialysis. The patient is experiencing disequilibrium syndrome. What is the cause of the syndrome?

- A. Increase urea and Na
- B. Decrease urea and Na**

57. The pregnant woman is experiencing muscle cramps in her leg. She has less calcium intake. What should the nurse instruct her during spasm?

- A. knee flexion
- B. knee extension**

58. Classical sign of adrenal insufficiency?

- A. Hypernatremia
- B. Hypotension
- C. Hyperpigmentation**

59. Position after appendectomy?

- A-high fowlers
- B-semi fowler**
- C-sitting
- D-Dorsal recumbent

60. How the nurse ensure that the mother is breast feeding well?

- A. It is normal that suppose you know
- B. Referral to breast feeding educator for oneday
- C. Check mother while she is breast feeding and progression ✓**

61. What is type of transport that carries oxygen and carbon dioxide from and to placenta during pregnancy?

- A. Simple diffusion**
- B. Active transport
- C. Simple transport

62. Patient has difficulty in walking and lethargic, there decrease in capillary refill and urine incontinence, has risk for?

- A-aspiration
- B-infection
- C-skin breakdown**

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D-body disturbance

63. Child with thalassemia pale and activity intolerance what the priority?
A-RBC transfusion
B-oxygen administration
64. The nurse is giving instruction for a pregnant woman. Which of the following should be avoided during pregnancy?
A-raw uncooked met.
B-clean well fruit and vegetables
C-cooked fish and chicken
65. Child has urine incontinence two day ago with WBC in urine.?
A-psychological abuse
B-urinary tract infection
C-genitalia defect
66. Pt. has difficulty taking liquid medications from a cup. How should the nurse administer the medications?
A. Request that the physician change the order to the IV route.
B. Administer the medication by the IM route.
C. Use a needleless syringe to place the medication in the side of the mouth.
D. Add the dose to a small amount of food or beverage to facilitate swallowing.
67. Patient diagnosed with appendicitis which statement by patient indicates absolute ruptured of appendicitis?
A -I feel like I want to vomit.
B- Pain in the epigastric
C - Painless in right quadrant / No hurts suddenly
68. Nursing supervisor newly elected Wants to use " disciplinary evaluation to nurses'behavior " What type of power she is using?
A. Reward
B. Coercive
C. legitimate
D. Formal
- 69 The patient weight 67 kg. He is receiving drug 30mg /kg/24hr. How many grams should the nurse give for 24 hr.?
A.5 g

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- B. 1.5g
- C. 1 g
- D. 2g**

70. Based upon the legal guidelines for documentation, which of following corrective action is correct?

- A. Never erase entries do line under ward and write correct**
- B. erases the incorrect notes then writes the correct

71. The nurse is caring for child regarding his activity. Which of the following is considering fine? Motor activity?

- A. Ride bicycle
- B. Walking
- C. Holding cup**

72. When the Zygote enter to the uterus after fertilization?

- A. 2 day
- B. 4 day**
- C. 6 day
- D. 8 day

**Take care:*

- *Zygotes enter to the uterus 3 _ 5 day*
- * Implant 7 _ 10 day after fertilization*

73. A nurse is assisting during a normal vaginal delivery on a 22-year diabetic patient. The head was delivered without any Complication head suddenly retracts against the perineum Prompting the physician to immediately ask for the nurse assistance with this dystocia. Which of the following will be the nurse appropriate action to impacted shoulders of the infant?

- A. Fracture the infant's clavicle.
- B. Prepare patient for immediate caesarean section.
- C. Apply fundal pressure to displace anterior shoulder.
- D. Perform supra public pressure to release anterior shoulder**

74. The community nurse was providing home visit for a family to give health instruction. The nurse observed while she entered the garage, she was finding the car's oil had expired. What would you do?

- A. get rid of oil and throw it away junk.
- B. Call to the company and change it.**
- C. Use the oil
- D. Give it to the neighbors.

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75. What are the symptoms of the BCG vaccination side effect?
A. Diarrhea
B. Skin ulcer or scar
C. no symptoms
D. Seizure
76. How many times shower the baby?
A- Twice a week with warm water
B- Every day with warm water
C- Every day with warm water and acidic soap
D- Every day with warm water and alkaline soap
77. A nurse is caring for a 72-year-old man patient, is unsteady. The patient requests the nurse to help nurse asked the patient to wait few minutes' device to transfer him. Which of the following transfer devices is the nurse to use?
A. Belt
B. Board
C. Handle
D. Mechanical lift
78. Neonate is near to cold window what is the type of heat loss?
A. Radiation
B. Convection
C. Conduction
D. Evaporation
79. The nurse has been teaching a new mother how to feed was born with a cleft lip and palate before surgical repair of Which of the following action from the mother indicate teaching has been successful?
A. burping the baby frequently
B. Prevent the infant from crying
C. Placing the baby flat during feeding
D. Keep the infant prone following feedings
80. The age of Cleft lip surgery is **2 – 6 months.**
81. A 49-year-old patient was admitted in the Medical Ward to rule out his pale appearance, loss of appetite, abdominal pain in the right upper quadrant, dark urine and grey colored stools for the last few days. He was diagnosed with Hepatitis C and was discharge from the hospital when his

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condition gets stable. He was given the advice to take his medication regularly. What should be the nurse's prime focus in the discharge teachings for the patient?

- A. Family support
- B. Dietary counselling
- C. Activity and exercise
- D. Understanding of the disease**

82. The nurse is assessing a 2 -years-old child with Wilms surgery Which of the following should the nurse avoid?

- A. Putting the child in lateral position.
- B. Palpating the child's abdomen.**
- C. Putting the child in a private room.
- D. Provide mouth hygiene 30 minutes after meal.

83. Mother came to the Outpatient Department with an infant having cleft and palate. The infant was underweight, so the nurse has to consider Teaching the proper way of feeding the child in the treatment plan.Which of the following is the proper way of feeding

- A. Use a non-squeezable bottle during feeding
- B. Feed infant in an upright, sitting position ✓✓**
- C. Enlarge nipple holes of bottle to allow more milk to pass through
- D. Feed infant longer than 45 minutes to allow more food to be small

84. What is the type of umbilical cord care for neonate?

- A. Curing and treatment
- B. Infection prevention**

85. After lumbar puncture position?

- A. Supine**
- B. Prone

86. Elderly Immunization - - - - - Pneumonia, Influenza

87. What Is The Action To Prevent Cleft Lip & Palate?

- A. Give immunizations
- B. Advice pregnant folic acid**

88. Which of the following vitamin supplements can decrease the incidence of Neural tube defects such as anencephaly and spina bifida new-born?

- A. Vitamin A
- B. Riboflavin

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C. Folic Acid

D. Vitamin K

89. As identified by DR Elizabeth Kubler which stage of dying is characterized by the transition from 'NO' not me to "yes, me but...."

A. Anger

B. Depression

C. Acceptance

D. Bargaining

90. The head nurse gives low evaluation to the nurse because of her late. What is the type of her evaluation effect?

A. Halo effect

B. Horn effect

C. Central tendency

91. The head nurse is too busy to give evaluation to her staff. She gave to everyone average evaluation. What is the evaluation type that the head nurse used?

A. Halo effect

B. Horn effect

C. Central tendency

92. Nurse educator said to a new nurse " our hospital provides the highest level of specialized healthcare in an integrated educational and research setting" which of the following aspects of the hospital's strategic plan is indicated by this statement?

A. Vision

B. Policy

C. Values

D. Mission

93. New-born has small, whitish, pinpoint spots over the nose, which the nurse knows are caused by retained sebaceous secretions. When charting this observation, the nurse identifies it as:

A. Milia

B. Lanugo

C. Whiteheads

D. Mongolian spots

94. The community health care Facility observed low response for immunizations activities. Then it decided to teach people about immunizations and the importance for applying it. What would improve the effect of response?

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SERVICES**

TARGET NURSES ACADEMY

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Important Questions for SAUDI

- A. Modify immunizations program schedule.
B. Provide more health teaching programs.
95. Normal Fetal **Hr 120-160**
96. Which patient to see first:
A. Patient with Potassium level 7.5
B. Anemia client with pain level 6/10
97. The speed of transmission of the disease from person to person?
A. Infective
B. Infection
C. Infectivity
D. Precaution
98. Why should the community nurse know about the disease in other countries?
A-To give patient needs accordingly
B-To know the pervence of the disease in certain country.
C- To help countries for solutions D- To make research and studies
99. HIV patient will be risk for which life threading disease?
A. Pneumonia
B. Tuberculosis
100. couple has a son and a daughter, and both moved out and got family on their own. Which type of family structure?
A. Extended
B. Blended
101. Patient with cardiac tamponed muffled heart sound which of the following the nurse monitor?
A. Pulse and respiratory rate.
B. Paradoxical pulse 40 in inspiration.
102. Treatment of pyloric stenosis?
Rehydration and pyloromyotomy
103. Which medicine prescription the nurse should question?
A. Lasix 40mg oral BID
B. Codeine oral PRN

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Important Questions for SAUDI

104. Float nurse from medicine floor. Came to telemetry unite which patient she receives?
A. MI patient in heparin infusion
B. Hypertensive patient on Lasix.
C. Atrial Fibrational with anticoagulant drug.
105. Cause of death in Saudi Arabia?
Schemic heart disease and road accident
106. Diphtheria which type of isolation?
A. Droplet
B. Airborne
107. Patient with schizophrenia seen with which of the following signs?
A -Word salad
B -Associates lessness
108. Why hemorrhage occurs postpartum?
A-prolonged labor last 12 hours
B-excusive analgesics given during labor.
109. How measure Orthostatic hypotension?
The Systolic is <20, and the Diastolic is <10
110. A male client has received a prescription for orlistat for weight and nutrition management. In addition to the medication, client states plan to take a multivitamin. what teaching should a nurse provide?
A. Following a well-balanced diet is a much healthier approach to good nutrition than depending on a multivitamin. Be sure to take the multivitamin and the medication at least two hours apart.
B. As a nutritional supplement, orlistat contains all the recommended daily vitamins and minerals.
C. Multivitamins are contraindicated during treatment with weight control medications such.
D. as orlistat
***Take care: Disfral or Orlistat is medication of (Beta-thalassemia) - - - - take multiple vitamins and this medicine 2 hour apart.**
111. How to prevent cleft lip and palate from occurring?
A-eat green vegetables and citrus fruit
B- Drink too much juice

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Important Questions for SAUDI

112. IQ 45 what level of mental retardation?

- A-moderate mental retardation**
- B-severe mental retardation.
- C-mild mental retardation.

113. IQ is mild retardation characteristic?

- A-needs assistance all time.
- B-can learn some of daily life activities but still needs helps.**

114. Definition of Word Salad:

- Words or phrases are connected meaninglessly being forced.**

115. Nurse plan community program to those who experienced a disease And assess the recovery or rehabilitation or dis ability Which level of prevention?

- A-primary
- B-secondary
- C-tertiary**

116. What is an example of primary level of prevention?

- A-how to be smoking cessation.
- B-Given education on HIV to high school students.**

117. During haji nurse is caring for non-Arabic speaker What is most appropriate action?

- A-Use google translation.
- B-ask family members to interpret.
- C-call hospital Interpreter services**

118. A5 - year - old child was brought to the Emergency Room with a fractured of forearm. He had several bruises on his body but showed no signs of pain while palpating them. He seemed scared and did not answer any questions asked. How should the nurse initiate therapeutic communication with the child?

- A. Start interviewing
- B. Encourage him to speak.
- C. Explain about the fracture
- D. Greet and show gentleness - nurse gives health.**

119. The nurse administered a prescribed intramuscular medication to a patient during a home health visit. How should the nurse dispose of the used needle and syringe?

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Important Questions for SAUDI

- A) Recap the needle, then place the needle and syringe into a waterproof container until safe disposal can be made.
- B) Bend the needle back towards the barrel of the syringe before putting the needle and syringe in a metal trash container.
- C) Wrap the needle and syringe in disposable paper before putting the needle and syringe into the dirty section of the nurse's equipment bag.
- D) Put the needle and syringe directly into a puncture-resistant plastic container that has a lid.**

120) Patients eat contaminated food and the diagnosed with hepatitis A as result of that food which of the following s related to hepatitis A disease: -

- A-The disease is transmitted through the blood.
- B- The disease is transmitted through sexual contact.

C- Incubation period 3-5weeks. D- Incubation period 4-5 month

121) A 16-year-old girl developed an infection over the surface of the heart after having her nose pierced to place jewelry on admission, she had developed pyrexia of 38C, a heart murmur and petechiae over the whole body. She was admitted to the hospital and treated with intravenous antibiotics. The nurse explains to the patient that she is at high-risk for re-infection and provides discharge teaching on preventive measures. Which of the following would most likely require prophylactic treatment?

- A. pelvic examination
- B. dental Care**
- C. bronchoscopy
- D. urinary catheterization

122) 5-year-old child was admitted with Nephrotic Syndrome. A nurse noticed that the child has slight facial puffiness with mild pitting edema on his hands and feet. there was no distended abdomen diet the nurse should order for the child.

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Important Questions for SAUDI

- A. High protein, high salt diet
- B. Low protein, low fiber diet
- C. Low protein, normal salt diet

D. Normal protein, low salt diet

123) Managers create a new position patient educator work with head nurse, what organizational relationship?

- A. Square
- B. Solid line
- C. Matrix
- D. Dotted line**

124) There is a new community nurse assigned to work in a Makkah, one of the most multicultural cities in Saudi Arab has to interact with multicultural population every day. What is the most important step the nurse should do before with the clients?

- A. Asking the client about his/her cultural background
- B. Conducting an appropriate cultural assessment.**
- C. Ensuring that the client has his/her a privacy.
- D. Looking at the client's file to take history.

125) Doctor writes DNR on a patient with end stage cancer, the patient tells the nurse and express his feelings he wants to be resuscitation, what is your nursing action?

- A. explain to the patient to except DNR.
- B. ignore the patient feeling.
- C. Follow the hospital policy.**
- D. Report the doctor to Saudi Commission for Health Specialties

126) A nurse is taking care of a woman who is in active labor. She is multipara at 38 weeks gestation. Her cervix is 5 cm dilated at -2 station with ruptured membranes. On the fetal heart rate tracing, the nurse observes a fetal heart rate baseline of 150 beats per minute with Deceleration in fetal heart rate to as low as 100 beats per minute. Deceleration in heart rate occurs both during and between contractions. With each deceleration heart rate quickly returns to baseline after a few seconds. The nurse has anticipated which of the following.?

- A. Client will probably deliver quickly.
- B. Client may need rapid intervention for a prolapsed cord.**

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Important Questions for SAUDI

- C. Client has a normal fetal heart rate tracing for a multipara in active labor.
- D. Client has a fetal heart rate tracing consistent with poor uteroplacental blood flow.

127) Mother of nine children, three of them with congenital anomalies and one down syndrome: she is a primary school graduate, with low financial status. She is not using any method of family planning. So, the primary health care nurse has referred her for counseling. Which of the following indicates that the summarizes the important points during counseling?

- A. Provision broad ideas to the client
- B. Restatement for better understanding**
- C. Keeping silent while the client asking questions.
- D. Interpreting feelings and resistance of the client

128) What percentage of patients with ectopic pregnancy will have normally rising HCG levels?

- A. 10%
- B. 25%**
- C. 50%
- D. 95%

129) An old patient admitted to ICU with signs and symptoms of Dyspnoea, cough, expectoration, weakness, and edema. Which of the following conditions are correct related these symptoms?

- A. Pericarditis**
- B. Hypertension
- C. Obliterative
- D. Restrictive

130) The nurse prepares cardiac patient for the insertion of a pulmonary artery catheter (Swan-Ganz catheter). The nurse teaches the patient that the catheter will be inserted to provide information about.

- A. Stroke volume
- B. Venous pressure
- C. Cardiac output
- D. left ventricular functioning.**

131) Which of the following conditions would a nurse not administer erythromycin?

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Important Questions for SAUDI

- A. Campylobacteriosis infection
- B. Multiple Sclerosis**
- C. Legionnaires disease
- D. Pneumonia

132) A nurse is assessing a patient who just arrived in the emergency department after a motor vehicle collision the patient has a strong smell of alcohol on breath is restless and has a bluish discoloration on the abdomen by the umbilical. The patient vital signs or temperature of 37.2 heart rate 120 beats per minute and blood pressure of 100/ 62 mmhg while other members of the team are evaluating the patient the nurse should obtain.

- A. A pair of elastic support stockings
- B. a chest tube insertion tray
- C. Supplies for peritoneal lavage**
- D. a Vial of Hydralazine

133) A patient is attending a primary health clinic for regular checkup. He complains of constipation. After assessment, the nurse instructed him to consume bulk-forming foods. Which of the following is the best bulkforming foods?

- A. Fruit juice
- B. Raw meat
- C. Whole grains**
- D. Milk products

134) A nurse in the postnatal ward is assigned for a multiparous patient has just delivered a healthy newborn., When should the nurse plan to take the patient vital signs?

- A. Every hour for the first 2 hours
- B. Every 30 minutes during the first hour
- C. Every 15 minutes during the first hour**
- D. Every 5 minutes for the first 30 minutes

135) post-operative patient who underwent an abdominal procedure request pain medication from the nurse and rates the pain at a level nine. There is a standing order for narcotic administration. When the nurse opera the narcotic box and performs a count, the number of pills remaining in the box is different than the number of pills. recorded on the sheet. What is the most appropriate initial nursing action?

- A. Notify the nursing supervisor.**

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- B. Write the finding on the narcotic sheet.
- C. Administer the patient's requested medication.
- D. Identify the last nurse who used the narcotic.

136) Women should get their pap smear test each.

- A-6-month
- B-1 year
- C-3 years**
- D-5 years

137) A woman was diagnosed gestational trophoblastic disease what is the lab investigation was done to diagnose condition?

- A. Cervical pap smear
- B. Serum HCG levels**
- C. Serum estrogen level
- D. Plasma thyroxin level

138) The community midwife has just finished an educational session with a group of women regarding maternal health and annual gynecological examination along with mammogram and Pap smear testing. What outcome is the most desired?

- A. Disease prevention.
- B. Increased healthy living.
- C. Early detection of related issues.**
- D. Strengthened marital relationship.

139) Female patient has been advised that laboratory tests confirm herpes simplex virus (HSV), type 2. The nurse should teach the patient that a Papanicolaou test (Pap smear) is recommended:

- A. Every 6 months if symptoms persist despite treatment.**
- B. Every year even if asymptomatic whenever symptoms recur.
- C. Every 3 years if other Pap smears have been negative.

140) A female patient complains of abdominal discomfort. Watery stool has been leaking from her rectum. This could be a sign of which of the following?

- A. fecal impaction**
- B. constipation

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Important Questions for SAUDI

- C. bowel incontinence
- D. diarrhea

141) Which of the following religion is prohibited the blood transfusion?

- A. Christian
- B. Muslims
- C. Jewish
- D. Jehovah**

142) A patient, who had abdominal surgery six days ago, has been ambulating in the halls without much difficulty. however, on seventh postoperative day, the patient complains of increased pain at incisional site and is walking bent over. What is the most likely cause?

- A. Intestinal inflammation
- B. Pulmonary edema
- C. Wound infection**
- D. Deep vein thrombosis

143) A 29-year-old woman had been diagnosed with a 3 cm ovarian cyst. Which of the following is the appropriate step in management?

- A. Cyst aspiration
- B. Hormonal therapy
- C. Cyst removal by laparoscopy
- D. Examination after next menstruation**

144) 25-year-old woman has a family history of breast cancer. The nurse reviews the procedure for breast self- examination (BSE) and tells her that the best time for a woman to perform a breast self-examination is:

- A. a few days before her period.
- B. during her menstrual period.
- C. on the last day of menstrual flow.
- D. 3- 7days after the beginning of her period**

145) The nurse is instructing a female client how to do breast self-exam. Which of the following is the best time to perform this exam?

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- A. After ovulation
- B. After period**
- C. Two weeks after period
- D. Three days before period

146) At labor room a nurse assessed the condition of the patient and gathered the following data. Cervical dilatation 2-5minutes lasting 40-60seconds increasing bloody show leg discomfort with heaviness what is the significance of the data?

- A. Patient on the first stage of labor**
- B. Patient on the third stage of labor
- C. Patient on the second stage of labor
- D. Patient is experiencing a prolonged labor.

147) Establishes baby's hydration A 11-month-old boy with cleft lip & palate was discharged from the hospital after surgery. The nurse provided the parents with teaching. Which of the following statement by the parents indicate appropriate understanding of the teaching instruction?

- A. I should avoid that my infant's cry as much as possible.**
- B. I will use a spoon to feed my child after the surgery.
- C. I will put my child in his abdomen after feeding.
- D. I will use lotion to ease my child's lip irritation.

148) Epidural anesthesia site?

- A. L3 - L4**
- B. L1 - L2
- C. T3 - T4
- D. C1 - C2

149) The scale used by a nurse to assess the gestational age of a newborn is:

- A. Bishop score
- B. Ballard score**
- C. Bel ward score
- D. Apgar score

150) On assessing the client pressure ulcer (see photo), the nurse would document this as which stage?

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- A Stage I**
- B. Stage II
- C. Stage III
- D. Stage IV

151) Adult -15- years old hospitalized to relieve anxiety. What should the nurse do?

- A. Increase numbers of staff during nursing care
- B. Limited numbers of staff during nursing care**
- C. Allow parents visit him along daytime

152) Nurse is caring for a client with a nasogastric tube that is attached to low suction. The nurse monitors the client, knowing that the client is at risk for which acid-base disorder?

- A. Metabolic acidosis
- B. Metabolic alkalosis**
- C. Respiratory acidosis
- D. Respiratory alkalosis

153) Nurse is preparing to insert a nasogastric tube into a client. The nurse places the client in which position for insertion:

- A. Right side
- B. Low Fowler's
- C. High Fowler's**
- D. Supine with the head flat

154) Mother of nine children, three of them with congenital anomalies Down syndrome. she is a primary school graduate, with low status. She is not using any method of family planning. So, the health care nurse has referred her. for counseling. Which of the following application the counsellor can help? Mrs. Regarding family planning

- A. Prevention level
- B. Gather model.**
- C. Group teaching
- D. Rejection of Mrs.M expression

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Important Questions for SAUDI

155) Mother of nine children, three of them with congenital anomalies and down syndrome she is a primary school graduate, with low financial status. She is not using any. method of family planning Accordingly, the primary health care nurse has referred her for counselling the following. terms describe any restriction or lack of ability to perform an activity?

- A. Impairment
- B. Abnormality
- C. Handicapped
- D. Disability**

156) Mother of nine children, three of them with congenital anomalies and one down syndrome; she is a primary school graduate, with low financial status. She is not using any method of family planning. Accordingly, the primary health care nurse has referred her for counseling. Which of the following is a barrier facing the team responsible for providing health services to handicapped individuals?

- A. Sensory limitations
- B. Rigid rules
- C. Developmental disabilities**
- D. Deafness & hearing limitations

157) Mother of nine children, three of them with congenital anomalies Down syndrome; she is a primary school graduate, with low status. She is not using any method of family planning. According to primary health care nurse referred her for counseling Which of the following types of home visits that the community her nurse should conduct for this client?

- A. Systematic routine
- B. Selective
- C. Follow up**
- D. Field trip

158) Mother of nine children, three of them with congenital anomalies and one down syndrome; she is primary school graduate, with low financial status. She is not using any method of family planning. So, the primary health care nurse has referred her for counseling. Which of the following is the best health education method that can be used?

- A. community organization
- B. individual counselling**
- C. group discussion
- D. health class

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159) Mother of nine children, three of them with congenital anomalies down syndrome; she is a primary school graduate, with low first status. She is not using any method of family planning. According to primary health care nurse has referred her counselling. Which of the following phases of home visit accomplishes intervention?

- A. Initial**
- B. Closing
- C. Action
- D. Terminal

160) Mother of nine children, three of them with congenital an down syndrome; she is a primary school graduate, with status. She is not using any method of family planning. So Health care nurse has referred her for counselling which of the following must be focused on by the community nurse to provide an effective health education?

- A. Educate regardless realistic objectives.
- B. Use clear and concise language.**
- C. Use scientific terms during explanation.
- D. Explain the negative consequences in the family.

161. A pregnant woman is 36 weeks pregnant was admitted to antenatal ward for observation after being involved in a car accident the refuses when the nurse tried to touch her abdomen to perform examination saying it is painful. She also present mild vaginal bleeding . Which of the following is the most appropriate diagnosis

- A. Placenta previa
- B. Tubal pregnancy
- C. Abruptio placenta**
- D. Inevitable abortion

162) The nurse is assessing patient after craniotomy. The patient's blood pressure is 180/65 ICP is 25. What is the patient's cerebral perfusion pressure?

- A. 72mmHg
- B. 81mmHg
- C. 78mmHg**
- D. 83mmHg

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Important Questions for SAUDI

Explanation Question 162:

CPP = MAP - ICP (Cerebral perfusion Pressure) = (Mean Arterial Blood Pressure) - (Intracranial Pressure) 103 - 25 So CPP = 78 mmHg
MAP = 2(Diastolic BP) + Systolic BP / 3
MAP = (2 × 65) + 180 / 3 = 3103 = 103

163) year-old woman patient in the Medical Ward is in a semiconscious. Her pancreatic cancer is metastasized to her liver and lungs and she admitted for supportive treatment. Her physicians discussed with the family that she will not be given the Cardiopulmonary Resuscitation to save life if she goes into the cardiac arrest. Her two sons agreed but the daughter is indecisive. Which of the following is the critical thinking behind not providing discounted pulmonary resuscitation?

- A. Unilateral judgment of health professionals
- B. Refusal of patient's right to treatment
- C. Ethical dilemma and indecisiveness
- D. Mercy killing to ease suffering.**

164) Which of the following medication should the nurse clarify if given to post-delivery client who had preeclampsia?

- A-magnesium sulphate
- B-methergine**
- C-Panadol

165) Which of the following is necessities for caesarean section?

- A-preterm labor
- B-severe preeclampsia
- C-total placenta previa**
- D-partial placenta previa

166) Female patient will do the breast implant surgery and she tell the nurse not to tell her family about the surgery. What is the nature of this action?

- A-confidentiality**
- B-ethical dilemma
- C-illegal nursing practice
- D-medico-legal practice

167) Which of the following statement indicate nursing action during the first hour after delivery of the placenta?

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& ALL NURSING COUNCIL WORKS, DATAFLOW, EXAM BOOKING, HRD,EMBESSY ATTESTATION
SERVICES**

TARGET NURSES ACADEMY

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Important Questions for SAUDI

- A. Monitor of mothers hemoglobin
- B. Assess maternal vital signs every 15 minutes**
- C. Ensure that the mother mobilize and empty her bladder
- D. Administer 10 units of oxytocin via IV line to ensure uterus is well contracted.

168) A nurse is giving health education for a mother who has mastitis. Which of the following if stated by the mother about what she needs to do, indicate the additional education is needed?

- A. Take antibiotics
- B. Use analgesics
- C. Wear a supportive bra.
- D. Stop breast-feeding**

169) A mother is in the midwife's clinic with the complaint of, redness and swelling in her right breast. She is breast feeding her nine months-old baby. What should be immediate intervention?

- A. Start on antibiotics**
- B. Detailed investigations
- C. Stop the breast feeding.
- D. Wound cleaning and dressing

170) The nurse was planning care for a 25-year-old primigravida post-partum mother who had engorgement due to poor feeding technique. the left breast appeared red and swollen and was diagnosed as. Which of the following is the best education for the mother?

- A. Avoid wearing brassiere.
- B. Begin suckling on the right breast.
- C. Stop pumping milk from the left breast.
- D. Take antibiotics till the soreness subsides.**

171) A patient in surgical was transferred to isolation room after the wound swab confirmed to have methicillin Resistant staphylococcus Atreus MRSA. Which of the following measures should the nurse take to prevent infection in the ward?

- A. Clean the Room three times a day.
- B. Discard all soiled dressing into waste bag
- C. Instruct the patient to wash hands regularly.
- D. Wear gloves and gown on every entry into the room**

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Important Questions for SAUDI

172) A nurse is providing instructions to a mother who has been diagnosed with mastitis. Which of the following statements if made by the mother indicates a need for further teaching?

- A. I need to take antibiotics. And I should begin to feel better in 24-48 hours.
- B. I can use analgesics to assist in alleviating some of the discomfort.
- C. I need to wear a supportive bra to relieve the discomfort.
- D. "I need to stop breastfeeding until this condition resolves."**

173) 33 old women presented to the ER with general weakness. The laboratory investigation indicated VIT D deficiency. Which of the following nutrient should be recommended as a good source of vitamin?

- A. Rice
- B. Green tea
- C. Orange juice
- D. Fish liver oils**

174) Radon can cause any cancer.

- A. skin**
 - B. cervical
 - C. colon
 - D. prostatic
- * Cause lung or pancreas cancer also.*

175) What is the action of combined oral contraceptives?

- A. induce thinning of endometrium and prevent ovulation.**
- B. Decrease the production of luteinizing hormone and follicle and prevent ovulation.

176) A patient who underwent a left foot amputation post-operative Care Unit and the following assess (see lab results). Blood pressure 110/80 mmHg, Heart rate 65 /min, Respiratory rate 13 /min Temperature 37.2C, Oxygen Saturation 98 % on room air Test Result Normal Value Hb 120 120-158 g/L WBC 10.2 4-10.5 $\times 10$ RBC 3.8 3.8-5.1 $\times 10$ Fasting blood sugar 9.3 3.5-6.5 mm LDL 6.5 <4.0 mm Triglycerides 3.8 <2.16 mm. Which long-term complication is most likely?

- A. Pain
- B. Infection**

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Important Questions for SAUDI

- C. Immobility
- D. Bleeding

177) What is the management/treatment for woman who has gestational diabetes?

- A. Diet management**
- B. Insulin
- C. Oral diabetic drugs

178) A man is to be discharged from the General appendectomy. The precautionary measures, plans are discussed with him. What is the most important desired outcome after discharge?

- A. Remain free of post-surgical complications.
- B. Report fever, redness or drainage from the wound site
- C. Use pain management techniques apropos.
- D. Resume gradual activities and avoid weight. Answer: A

179) A postpartum woman who was admitted for 24 hours, community nurse visited her after 2 days of discharge. Which of these are abnormal findings?

- A. Frequent urination
- B. Lochia serosa
- C. Uterus below umbilical level
- D. Both breast full of milk**

180) A postpartum woman who was admitted for 24 hours, community nurse visited her after 2 days of discharge. Which of these are abnormal findings?

- A. frequent urination
- B. lochia serosa
- C. uterus below symphysis pupils**
- D. breast full of milk

181) 6month-old boy with hydrocephalus is admitted to the pediatric surgical Ward for ventriculoperitoneal Shunt (VPS) insertion. Which of the following findings should be of the most concern when assessing the child postoperative?

- A. Sunken fontanelle and irritability
- B. decreased head circumference

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Important Questions for SAUDI

C. poor feeding and pupillary change

D. headache and excessive sleepiness

182) 6month h-old boy with hydrocephalus is admitted to the pediatric surgical Ward for ventriculoperitoneal Shunt (VPS) insertion. Which of the following findings should be of the most concern when assessing the child postoperative?

A. Plugging fontanelle

B. decreased head circumference

C. poor feeding and pupillary change.

D. headache and excessive sleepiness

183) 6 month-old boys with hydrocephalus is admitted to surgical Ward post ventriculoperitoneal Shunt (VPS) What is the priority postoperative assessment???

A-Neurological Assessment

B. decreased head circumference

C. poor feeding and pupillary change.

D. headache and excessive sleepiness

184) A 65-year-old women visited the gynecological outpatient history reveals that she had 3 pregnancies, one abortion gestational age, had 2 normal deliveries. She smokes 20 Her complaint is that she wets herself when she coughs embarrassing for her? Which of the following can be considered as risk factors pelvic floor muscles?

A. Chronic coughing

B. Diabetes mellitus

C. Excessive spot

D. Sedentary lifestyle

185) After accessing patients' medical records, which behavior nurse shows that patient's confidentiality has been breached?

A. Reviews patients medical record

B. Read patients care plan.

C. Disclosing patient's information.

D. Documents medication administered. Answer: C

185) After accessing patients' medical records, which behavior nurse shows that patient's confidentiality has been breached?

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Important Questions for SAUDI

- A. Reviews patients medical record
- B. Read patients care plan.
- C. Disclosing patient's information.**
- D. Documents medication administered.

187) A 22-year-old gravida 2 para 1 with gestational age 38 week admitted to the hospital. The chief complaint is decreased the fetal non-stress test revealed decreased variability and fetal movement. The next morning as part of the antenatal the nurse checks the fetal heart rate by Doppler Sonic aid decreased the fetal heart rate to less than 100 /min. which of the following action the nurse should do first?

- A. Reassure the mother that the FHR is Ok.
- B. immediately notifies the physician or midwife.**
- C. Reposition the patient to left lateral position.
- D. Ask the mother about the pattern of fetal movement.

188) A child was admitted to the hospital three hours ago with an injury. The child responds appropriately, but sluggishly to drifts in and out of sleep Which of the following best describes this patient's level of?

- A. Lethargic**
- B. Obtruded
- C. Comatose
- D. Semi-comatose

189) A patient was on a course of lithium carbonate drug. During the nurse found that he complained from nystagmus visual hallucination, and oliguria Which of the following drug related complications best symptoms?

- A. Overdose
- B. Mild toxicity
- C. Severe toxicity**
- D. Moderate toxic

190) A nurse is planning to discharge a known HIV, the Isolation Unit after the recovery from upper, which of the following nursing problem requires?

- A. Risk of infection due to altered immune.**
- B. Fluid volume deficit due to frequent diarrhea
- C. Anxiety due to disease, fear and social

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Important Questions for SAUDI

D. Weight loss due to higher metabolism rate

191) An elderly patient who has an aortic aneurysm Intensive Care Unit to a Medical Surgical Unit on day. While assessing the client, a nurse notes extremity and is unable to palpate the pedal pulse. Which intervention should the nurse implement?

- A. Wrap the lower extremities with warm.
- B. Use a Doppler ultrasound to reassess the**
- C. Elevate the extremities above heart level.
- D. Place a bed cradle over the bed to levitate.

192) The head nurse of a Coronary Care Unit delegated the staff a senior nurse in that unit What initial step must the head nurse implement before?

- A. Check the hospital policies for delegating tasks.**
- B. Explain the task to the senior nurse.
- C. Negotiate with the senior nurse.
- D. Take the signature of the senior nurse.

193) 34-weeks-pregnant mother experiences a sudden gush o from her vagina and mild uterine contractions. She informs about her condition and requests if she could wait until the delivery. Which of the following is the best desired response for report to the hospital?

- A. Intravenous fluids and medicines need to be administered.
- B. Observation is necessary to identify premature labour.**
- C. Pain and fluid flow both need to be controlled.
- D. Fetal heart sound monitoring is necessary.

194) The nurse is assisting a patient to ambulate in hall. The patient has a history of coronary artery disease (CAD) and had coronary artery bypass graft surgery (CABG) 3 days ago. The patient reports chest pain rated 3 on a scale of 0 (no pain) to 10 (severe pain). The nurse should first:

- A. Determine how long it has been since the patient's last dose of aspirin
- B. Obtain a chair for the patient to sit down**
- C. Assess the patient's radial pulse
- D. Ask the patient to take several slow, deep breaths

195) What is the benefit of Kegel exercise?

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A- Increase strength of pelvic muscle

B- B- Induce cervix contraction.

196) Bioeffects report claims that obstetrical scanning may be harmful to a particular group of patients. What should be the response of the medical community?

- A. Perform the exams on all patients when the risks outweigh the benefits.
- B. Stop all diagnostic exams.
- C. Ignore the report

D. Perform exams on all patients when the benefits outweigh the risks.

*Beneficence: benefits out weight risks.

197) 45 years old Woman with uterine fibroid. The doctor prescribed for her Gonadotropinreleasing hormone (GnRH) agonists. What is the side effect for hcg hormone?

A. Depression

- B. Anorexia
- C. Osteoarthritis
- D. Menopause

198) The first step in the qualitative research process?

- A. Data analysis
- B. Review of literature
- C. Sample
- D. Study design

199) In an article's abstract, which research process steps may be noted?

- A-Literature review
- B-Data-collection procedure
- C-Research question & study purpose**
- D-Legal-ethical issues

200) During the research process, when should a hypothesis be developed by the researcher?

- A-Before any statistical analysis
- B-After a research design is determined.
- C-Before development of the research question

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D-After development of the research question

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